

## Registration

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Church: \_\_\_\_\_  
Email: \_\_\_\_\_

### Workshop Preferences:

**Morning:** Indicate 1st & 2nd choice

1. \_\_\_ 2. \_\_\_ 3. \_\_\_ 4. \_\_\_ 5. \_\_\_

**Afternoon:** Indicate 1st and 2nd choice

1. \_\_\_ 2. \_\_\_ 6. \_\_\_ 7. \_\_\_ 8. \_\_\_ 9. \_\_\_

**Cost:** \$15.00, including lunch. If two or more from the same church attend, the church will receive a free copy of Rev. Dr. Richard Gentzler's book: *Aging and Ministry*

Please make checks payable to:

**Western New York Conference**

(Before June 15)

**Upper New York Conference**

(After June 15)

### SEND REGISTRATION TO:

Dorothy Taylor  
7 Mix Place  
Batavia, NY 14020

For more information, contact:

Winona Stonebraker at  
716-694-4211 or

winnstone@roadrunner.com

**REGISTRATION DEADLINE—October 27, 2010**

## DO YOU KNOW?

The numbers of senior citizens in the US will more than double from 35 million in 2000 to 72 million by 2030. **8,000 Americans turn 60 everyday!** (From "Aging and Ministry" by Richard H. Gentzler, Jr.)

**"Celebrating Our Wisdom and Still Learning"** will provide you with essential tools for being in ministry with this growing population in our culture and in our churches. You will learn how to make your older adult ministry intentional – *by, with and for* ALL seniors.

## Schedule

|               |   |
|---------------|---|
| 8:15 – 9:45   | Registration                                  |
| 8:30 – 9:45   | Early Bird Workshop – Open to all registrants |
| 9:45 – 10:10  | Worship                                       |
| 10:15 – 11:45 | Morning Workshops                             |
| Noon          | Lunch   |
| 12:30         | Keynote Address                               |
| 1:30 – 3:00   | Afternoon Workshops with Closing Prayer       |

## Keynote

**"Love the Lord your God with All of your heart, and with ALL of your soul, and with All of your mind,"** presented by Barbara Bruce the Northeastern Jurisdiction Representative to the UM Committee on Older Adult Ministries. She is also an expert on brain fitness and a nationally known speaker on this subject. Barbara has authored several books, including *Spiritual Brain and Mental Aerobics*.

### Directions:

**From the East:** Rt. 90W exit 31 toward I-190W. NY-8 and NY-12. Turn right at N. Genesee St., first right onto Auert Ave., slight right to NY 49. Merge onto I-190, merge onto I-190 – NY 12, 5 and 8, continue onto NY 5 and NY-8S, exit to New Hartford, slight right toward Campion Rd., left at Campion Rd. First right onto Genesee St. Church is on the left.

**From the West:** Rt. 90E exit 32 toward Rt. 233, turn right onto Cider St., left onto Rt. 233, left onto NY 5, continue to NY 5 E, right onto NY 12/ Genesee St., church is on the right.

**From the South and North:** Take NY 12, to Genesee Street. church is located at 105 Genesee St. New Hartford.

## WORKSHOPS

**Early Workshop: The Church is Aging Faster Than One Year at a Time:** Learn why we need to establish and enhance Older Adult Ministry. Over the next 16 years the number of people over 50 will grow by 74% while the people under will grow by only 1%. Do the math... We will be there very soon. The Church needs to pay attention!  
**(Open to all registrants)**

**Barbara Bruce, Northeastern Jurisdiction Representative to the Older Adult Ministries.**

### 1. Helping the Whole Person and the Whole

**Family: Strategies and Resources for Mind, Body, and Spirit.** Participants will learn how to use the following concepts in their older adult ministry programs: finding the medical, emotional and spiritual pieces to solve your "Wellness Puzzle," develop a plan to achieve medical, emotional and spiritual goals, and using skills to improve communication, manage stress and enhance prayer life. **AM and PM**

**Dr. Tom DeLoughry, Executive Director, Center for Health Management and Kathy DeLoughry, Director of Training, Center for Health Management.**

### 2. Aging, Dementia, and Alzheimer's –

**Information for Faith Communities.** The focus of this workshop will be on learning to differentiate normal aging from dementia and Alzheimer's and how faith communities will know how to deal with this growing issue and how to make first line referrals.  
**AM and PM**

**Michael Massurin, Director Central New York Chapter, Alzheimer's Association.**

3. **New York Connects.** This is a grant funded program endorsed and supported by New York Office for Aging. We have been assigned the task of providing assistance with regard to long term care in each New York State county. We are able to help individuals make informed choices in their attempts to remain autonomous within their own home. Our program is available to those 60 years of age and above, adults and children with disabilities, as well as caregivers and professionals alike. **AM only**

*John Percy, Long Term Care Specialist and NY Connects coordinator at Oneida County Office for the Aging*

4. **The Ten Top Things to Know in Placing a Loved One in a Nursing or Assisted Living Facility.** You will learn about the various levels of care, financing (payer source), services, staffing, inspections, personal and family expectations and more. **AM only**

*Keith Chadwick, President and CEO, United Methodist Homes and Jerry Halbert, VP/ Administrator Hilltop Campus of the United Methodist Homes for the Aging.*

5. **Nutrition for Seniors.** Good nutrition is of major interest to all of us. You will learn how eating right helps you to stay strong in the later years. **AM only**

*Eileen Luker, dietitian with the Oneida Office for the Aging.*



6. **J.O.Y. – Just Older Youth (Spirituality and Aging).** This workshop will focus on ways to keep seniors growing in their spirituality and how to make a joyful noise unto the Lord. Carol is an experienced leader with older adults who will help you focus on the churches' responsibility to provide programming that will strengthen senior's faith. **PM only**

*Carol Jubenville Executive Director at the Community at Sunset Wood an independent living facility and the Associate Pastor of New Hartford UMC.*

7. **Making Your Church Older Adult Ministry Intentional.** Have you explored the wants and needs of your older adult congregants? You will learn how to be intentional in your programming for ALL older adults and not just the homebound and nursing home seniors. **PM only**

*Winona Stonebraker, chair of the former Western New York Conference Older Adult*

8. **Financial and Legal Preparations That Count.** You will learn the pitfalls of financial planning that can cause headaches when seeking admission to retirement communities and nursing homes. Information will be given to help you advise older adults in your church setting. **PM only**

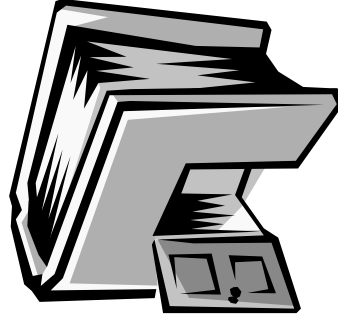
*Jerry Halbert, VP/Administrator, United Methodist Homes, Hilltop Campus, Johnson City and Keith Chadwick, President and CEO, United Methodist Homes*

9. **Writing Life Stories: From "Truth to Art."** Participants will explore ways to turn your life stories into a memoir or an autobiography. You will learn how to get over the "why" and to "whom" to write and the strategies to bring your story alive. **PM only**

*Eileen Schell, Chair of the Writing Program at Syracuse University and she leads senior workshops at the Nottingham Senior Living Community in Jamesville.*

# CELEBRATING OUR WISDOM And STILL LEARNING

A Conference on Creating and Sustaining  
Older Adult Ministries



**November 6, 2010  
8:15 am-3:00 pm**

New Hartford United Methodist Church  
105 Genesee St.  
New Hartford, NY

Sponsored by  
Upper New York Episcopal Area  
Older Adult Ministries Teams